

## BAY-FRIENDLY PLANTS THAT ATTRACT BUTTERFLIES

Most adult butterflies will feed on a variety of nectar plants, but usually are very selective in their choice of "host" plants—food for the larvae (caterpillars). Some are restricted to a certain plant family, others to a particular species. Many of the following plants provide



Botanical name	Common name	CA Native
<i>Antirrhinum majus</i>	Snapdragon	●
<i>Asclepias</i> spp.	Milkweed	(certain species)
<i>Aster chilensis</i>	California aster	●
<i>Buddleja davidii</i>	Butterfly bush	
<i>Carex tumicola</i> and others	Carex	
<i>Ceanothus</i> spp.	California lilac	●
<i>Erigeron</i> spp.	Fleabane	
<i>Eriogonum</i> spp.	Native buckwheats	●
<i>Festuca californica</i> , <i>Melica californica</i> and others	Grasses	(certain species)
<i>Lantana</i> *	Lantana	
<i>Lupinus</i> spp.*	Lupines	●
<i>Malacothamnus</i> spp.	Mallow	(certain species)
<i>Monardella villosa</i>	Coyote mint	
<i>Nepeta</i> spp.	Catmint	
<i>Penstemon</i> spp.	Penstemon	
<i>Phacelia</i> spp.	Phacelia	●
<i>Quercus</i> spp.	Oaks	(certain species)
<i>Rhamnus californica</i>	Coffeeberry	●
<i>Rudbeckia</i> spp.	Rudbeckia	
<i>Salvia</i> spp.	Sages	
<i>Sedum</i> spp.	Stonecrop	
<i>Sidalcea malviflora</i>	Checkerbloom	●
<i>Solidago californica</i>	Goldenrod	●
<i>Tagetes lemmonii</i>	Mexican Bush Marigold	

spp. = multiple species

\*Considered poisonous. Classified as "Major Toxicity" by California Poison Control System 2010.

The Bay-Friendly approach to landscapes and gardens was pioneered in Alameda County by StopWaste in collaboration with home gardeners, landscape professionals and public agencies. Find out more at [www.StopWaste.org](http://www.StopWaste.org).

