

SMART FUN FOR COOL KIDS

Kid Scoop News[®]

SPECIAL EDITION



CORONAVIRUS COLORING AND ACTIVITY BOOK

What is coronavirus? What's the best way for you and your family to stay healthy? We've got the answers inside!

SCRUB SQUAD

Discover the amazing superpowers of good ol' soap and water in battling viruses!

LIVING HISTORY

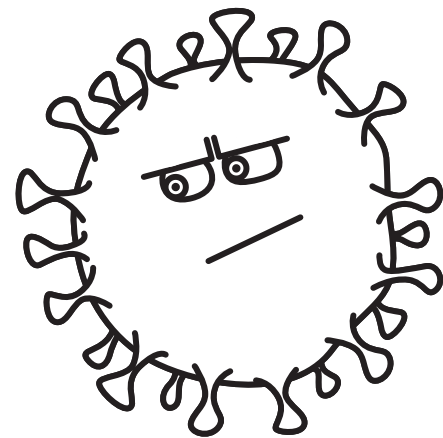
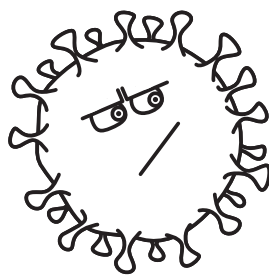
You are living through an historic time. Find out how to preserve your memories of this moment in time to share with people in the future!

THIS BOOK BELONGS TO:



THE BIG QUESTION:

What is Coronavirus?

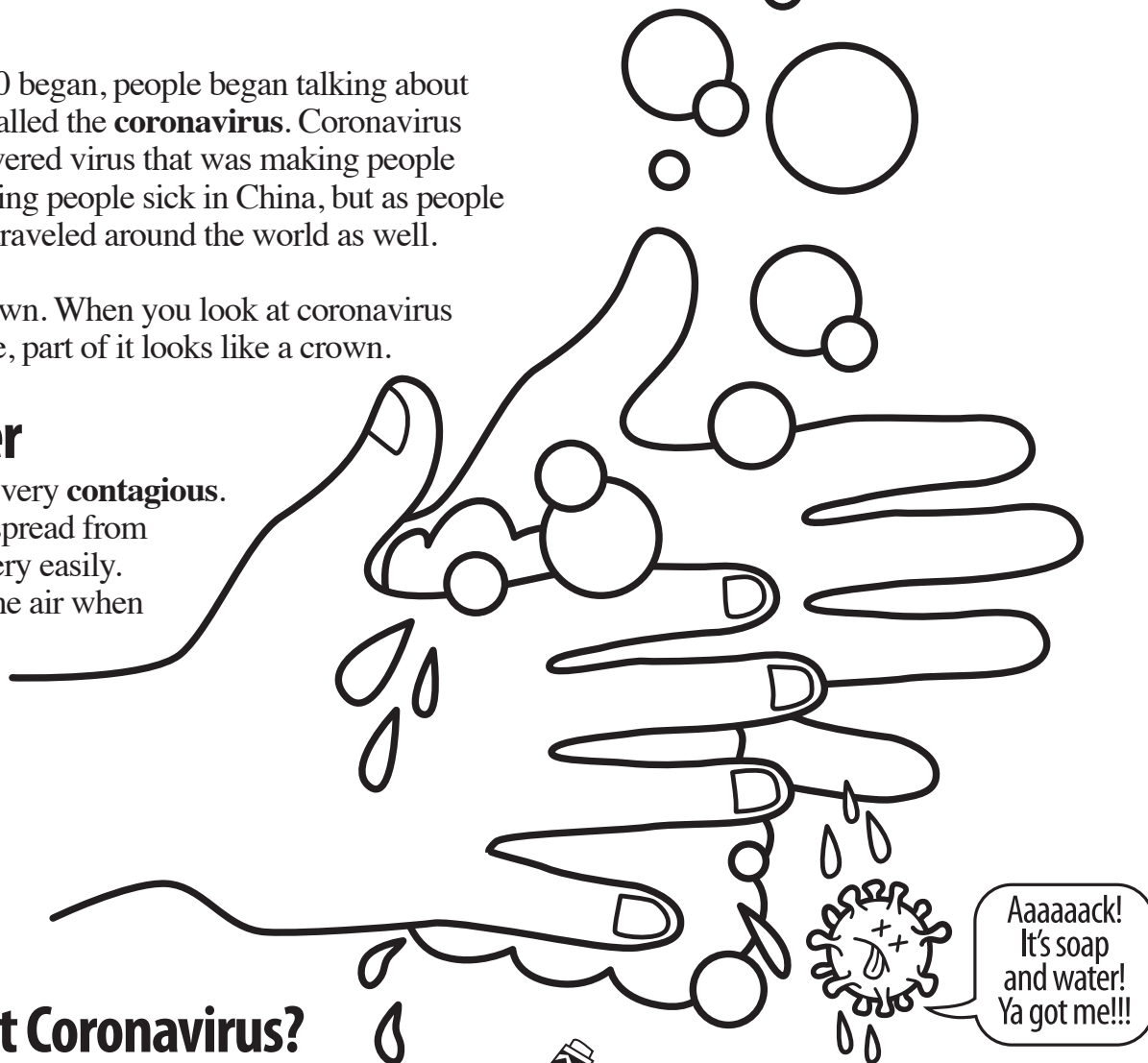


As the year 2020 began, people began talking about something called the **coronavirus**. Coronavirus was a newly discovered virus that was making people sick. It started making people sick in China, but as people traveled, the virus traveled around the world as well.

Corona means crown. When you look at coronavirus under a microscope, part of it looks like a crown.

Fast Traveler

The coronavirus is very **contagious**. That means it can spread from person to person very easily. It travels through the air when people sneeze or cough. It also spreads when people touch something the virus has been on, like other peoples' hands or door handles.



What If I Get Coronavirus?

Coronavirus often causes a fever, tiredness, a cough or difficulty breathing. Some people only feel a little bit sick. But others can get very sick and need to go to the hospital. That is why it is important for everyone to wear masks and wash their hands. This protects yourself and others who could get very sick.

Color the pictures on these pages.





How to Stop the Coronavirus

Wash your hands. When you wash your hands with soap and water you kill viruses like the coronavirus.

Keep your hands away from your mouth, eyes, nose and face. This is important just in case your hands touched a virus somewhere like a door handle or countertop.

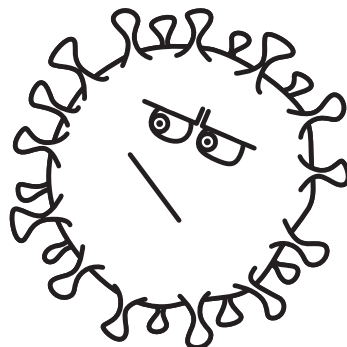
To keep others safe, sneeze or cough into a tissue or your elbow. Wearing a mask helps as well.

Keep the Community Healthy

Some things you like to do have probably been cancelled. When people stay apart, the virus can't move from person to person. As people return to their activities, it is recommended to stay at least six feet apart from other people because the virus rarely travels that far before sinking to the ground.

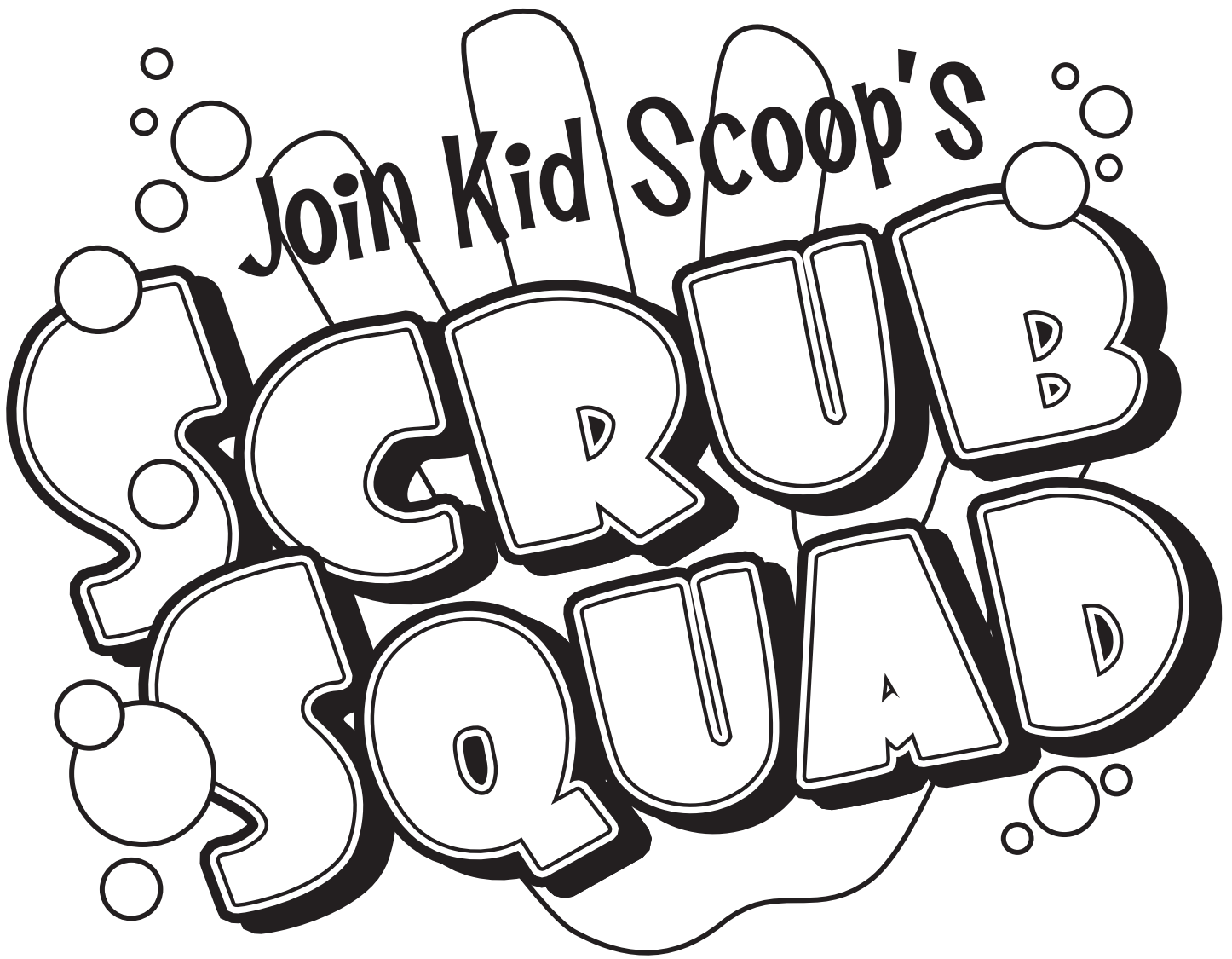
I'm Worried

It is normal to worry about getting sick or about your loved ones getting sick. A way to help yourself is to talk to others about your feelings and to ask for help. If you read about or hear something that worries you, don't keep your feelings to yourself.



Let's Talk

Ask a family member about a time they were worried about something. How did it turn out? What made them feel better? How do they deal with worries now?



Remember the last time you had a cold or the flu?

It was pretty miserable. You sneezed, coughed and had no energy. But there's an easy way to avoid all that: Just join Kid Scoop's SCRUB SQUAD.

Doctors around the world agree that one of the best ways to avoid getting sick and spreading germs is to wash your hands.

HOW TO JOIN: You join automatically every time you wash your hands!

Hand Sanitizer vs. Soap & Water

Using hand sanitizer shouldn't be a _____ for washing your hands with soap and _____. While sanitizer does kill _____, it doesn't do a very good job of getting rid of _____ dirt. Think of hand sanitizer as just a little "touch-up" _____ hand washings with good ol' soap and water.

Fill in the missing words.

WATER GERMS BETWEEN
REPLACEMENT VISIBLE

Bubbles prevent troubles!



Color this picture.

THE SCRUB SQUAD

5 STEP PLAN



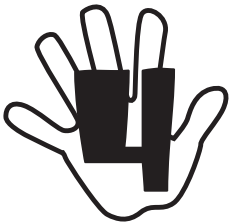
RUB: Rub your hands together under warm running water. Make sure to get wet up to your wrists.



GET SOAPY: Use a generous amount of soap. Liquid soap, powdered soap or bar soap are all great.



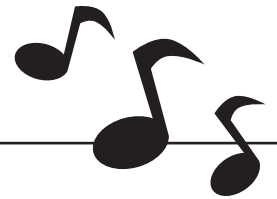
SCRUB: Scrub the palms, back of your hands, wrists, under your nails and between your fingers for at least 20 seconds.



RINSE: Rinse your hands to get rid of the soap (and dirt and germs).



DRY: Air dry your hands or use a clean towel, either cloth towel or a paper towel.



MUSIC MAKER:

Think of a tune you know and write new lyrics for it that tell about hand-washing. Sing it to your family!

THE SCRUB SQUAD

(Sung to the tune of "Old MacDonald") **SONG**

Experts say that washing your hands for at least **20 seconds** is the best way to make sure you remove germs and gunk. Memorize and sing this song while you scrub to help you wash long enough.

If your hands are extra dirty, sing this second verse and keep on scrubbing!

Washing hands is sudsy fun
Scrub! Scrub! Scrub! Scrub! Scrub!
I wash eight fingers and two thumbs
Scrub! Scrub! Scrub! Scrub! Scrub!
With a little soap here
And a little more there
Bubbles here
Bubbles there
Give those germs a splashing scare!
Washing hands is sudsy fun
Scrub! Scrub! Scrub! Scrub! Scrub!

Now my hands are getting clean
Scrub! Scrub! Scrub! Scrub! Scrub!
Even dirt that can't be seen
Scrub! Scrub! Scrub! Scrub! Scrub!
With a little soap here
And a little more there
Bubbles here
Bubbles there
Watch them floating in the air
Now my hands are nice and clean
Scrub! Scrub! Scrub! Scrub! Scrub!

Why are so many people wearing masks?

The coronavirus has created a health crisis across the nation and around the world. But there are ways to protect yourself and others from getting sick. One way is to wear a face mask.

How Coronavirus Spreads

The coronavirus can spread when people breathe, talk, cough, or sneeze. Some people who don't feel sick might have the virus and could spread it unknowingly.

Wearing a Mask

Replace the missing words.

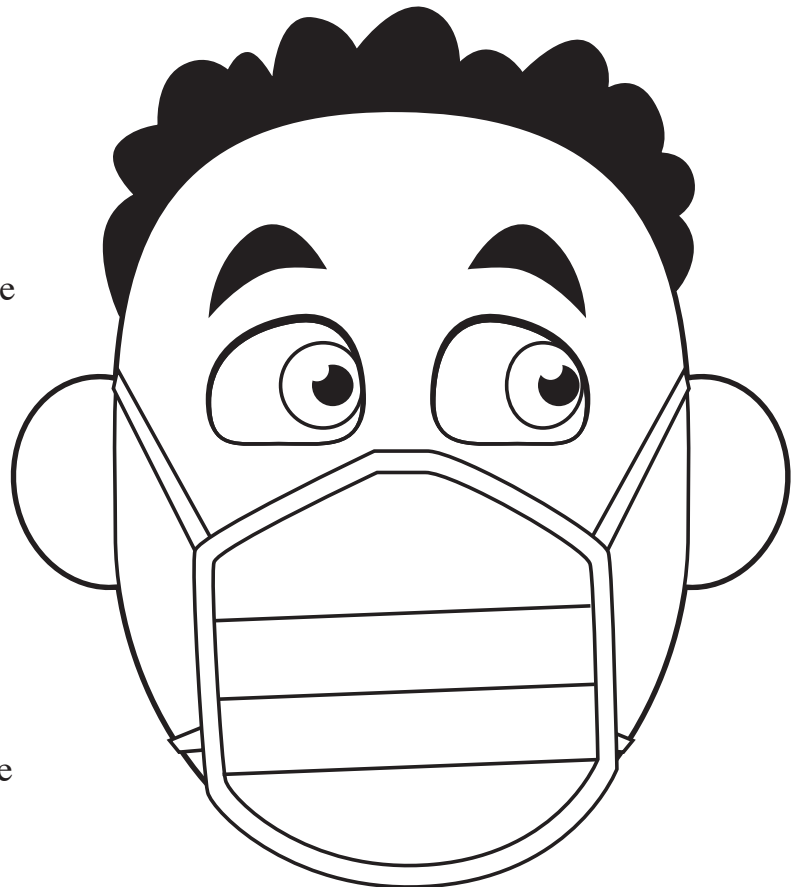
NOSE **YOUNG** **SPREAD** **OTHERS** **VIRUS**

When you go out, wear a mask to help stop the _____ of the virus.

Make sure the mask covers your mouth and _____ and fits snug against your face.

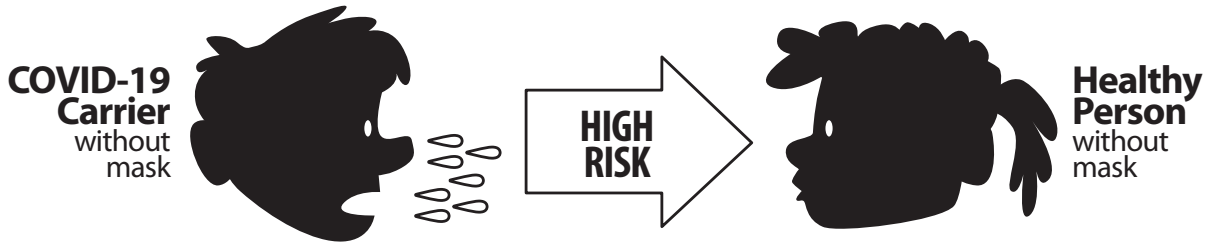
Wearing a mask helps keep the virus from reaching _____. When you wear a mask, it can also stop the _____ from reaching you.

Babies and children less than two years old are too _____ to wear a mask. But when others wear a mask, they are better protected.



HEALTH TIP: Washing your hands often and thoroughly works extremely well to stop the spread of coronavirus. If you can't wash your hands right away after touching something that might have germs on it, use hand sanitizer that has at least 70% alcohol.

MASKS HELP STOP THE SPREAD



This is a general guideline. Different masks offer different levels of protection.
GRAPHIC ADAPTED FROM MARIPOSA COUNTY HEALTH AND HUMAN SERVICES POSTER

Masks Make a Difference!

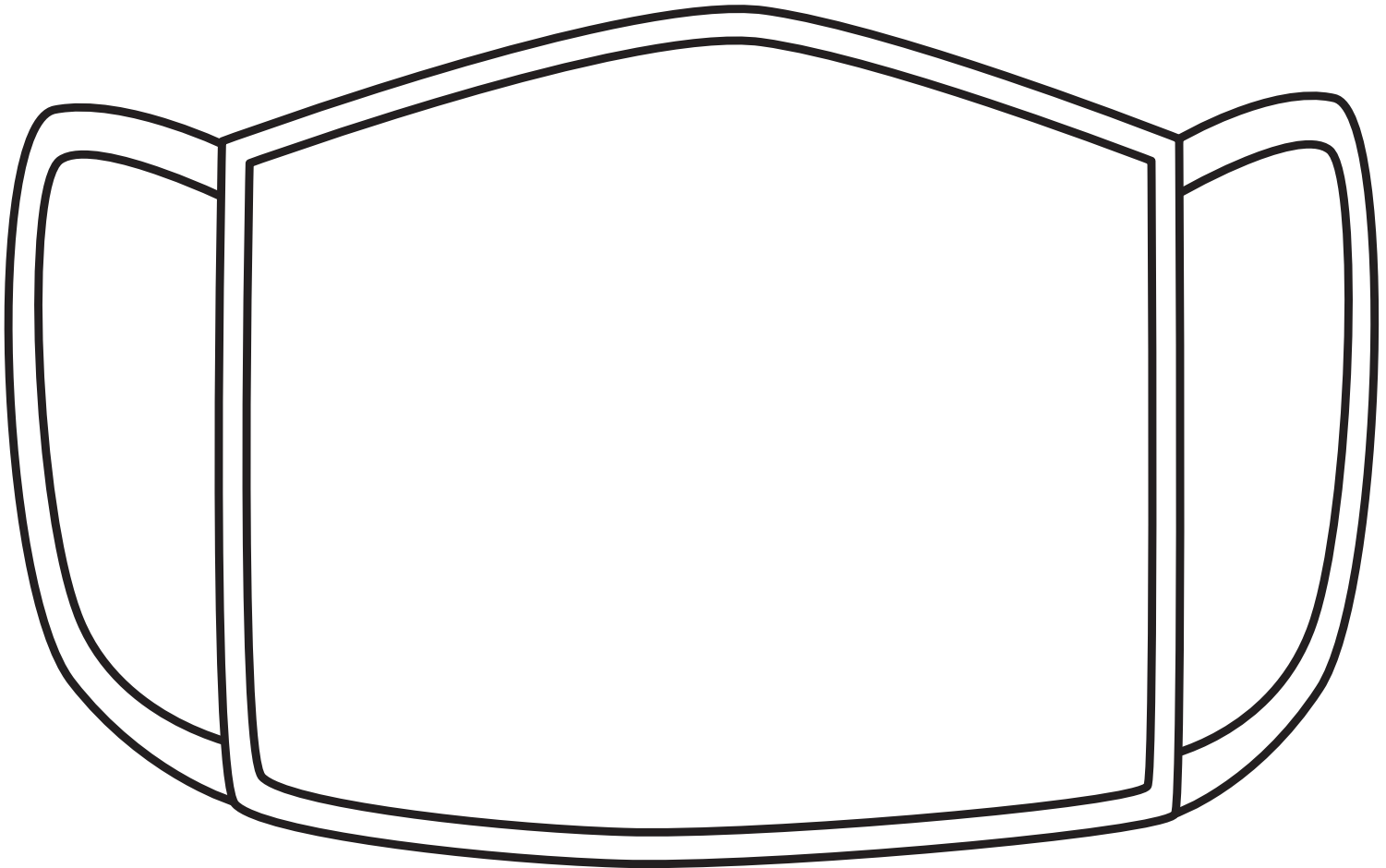
Many people who like to sew have been making masks for their family, friends and neighbors during the pandemic.

Masks with bright colors, cool designs, sports logos and popular cartoon characters can be seen everywhere. Who says being safe can't be a little more fun?



Physical Distance

Staying 6 feet apart or more while wearing a mask keeps the risk of catching or spreading viruses low.



Hand Washing

Wash your hands with soap and water for at least 20 seconds several times a day to help keep the virus away.

Can you find the soap that is different from all the others?



HELPING OTHERS: Think of things you can do to help others. Write a list and see how many of these acts of kindness you can check off this summer.

WORD SEARCH

**HEALTH
SANITIZER
MASKS
COUGH
CORONAVIRUS
DISTANCE
RISK
SOAP
WASH
SNEEZE
DOCTOR
SAFE
SPREAD
SCRUB
NURSES**

W	S	E	S	R	U	N	S	T	Y	B	D	R	V	B
S	J	K	U	H	E	U	D	R	P	T	I	W	H	R
U	O	S	S	G	K	F	X	J	I	Y	S	T	F	G
R	S	A	T	U	E	N	A	O	M	K	L	Z	R	H
I	W	N	P	O	L	D	I	S	T	A	N	C	E	J
V	E	I	R	C	S	O	W	O	E	Q	S	Y	T	L
A	T	T	T	D	I	C	V	H	I	S	N	K	N	D
N	R	I	S	F	N	T	R	O	Z	V	E	J	S	A
O	N	Z	Q	G	K	O	T	U	N	J	E	U	R	E
R	L	E	N	J	R	R	D	D	B	I	Z	L	B	R
O	M	R	I	S	K	L	L	F	D	Y	E	P	E	P
C	E	K	F	V	Z	O	W	R	R	B	Z	F	R	S

Take Time to Remember

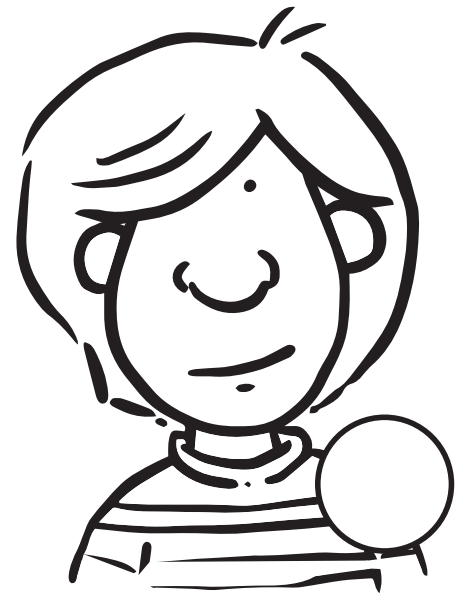
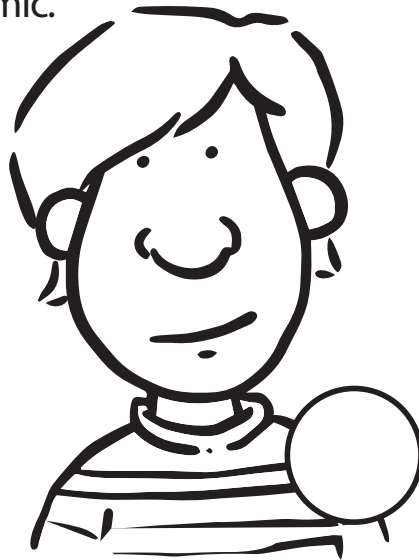
You are living in an extraordinary time. There is a global pandemic. A global pandemic is when a virus spreads easily from person to person all around the world. The virus causing the 2020 global pandemic is called coronavirus and also COVID-19. This *Kid Scoop News* page will help you create a scrapbook of your memories and feelings from this historic time to share with friends and relatives in the future.

Pandemics Cause Change

Most likely your life has been changed by the coronavirus pandemic.

Maybe your school has closed. Maybe a family member has lost their job and is worried about money. Maybe you miss the chance to be with friends and family members.

There have been several pandemics in history and, like those, this too will end. While there may be some good things about this time, there are probably some not so good things as well. But everything will add up to the memories you will have in the future.



Kevin couldn't get a haircut for a couple of months. Number these pictures in order.



Ways My Life Changed

Write or draw descriptions in each space below.

School BEFORE Pandemic:

Shopping BEFORE Pandemic:

Home Life BEFORE Pandemic:

School AFTER Pandemic:

Shopping AFTER Pandemic:

Home Life AFTER Pandemic:

People I Spent Time with During the Pandemic

Draw a picture of the people you were with during the pandemic.

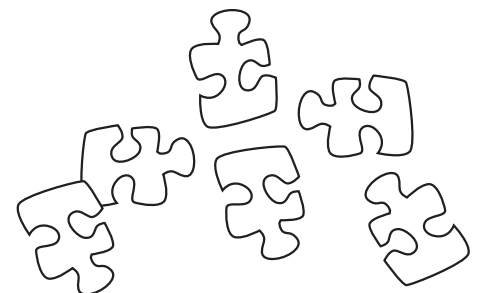
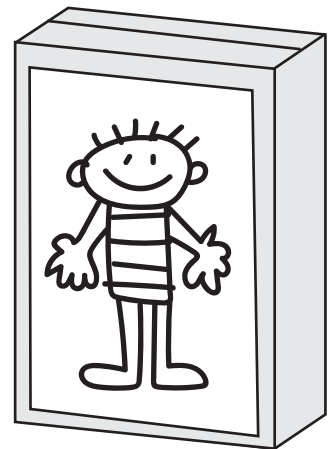


MAKE A PUZZLE

Make your own puzzle!
Draw a picture, glue it onto some cardboard. (A cereal box works!) Cut the picture into pieces and give it to a pal to try and put back together!

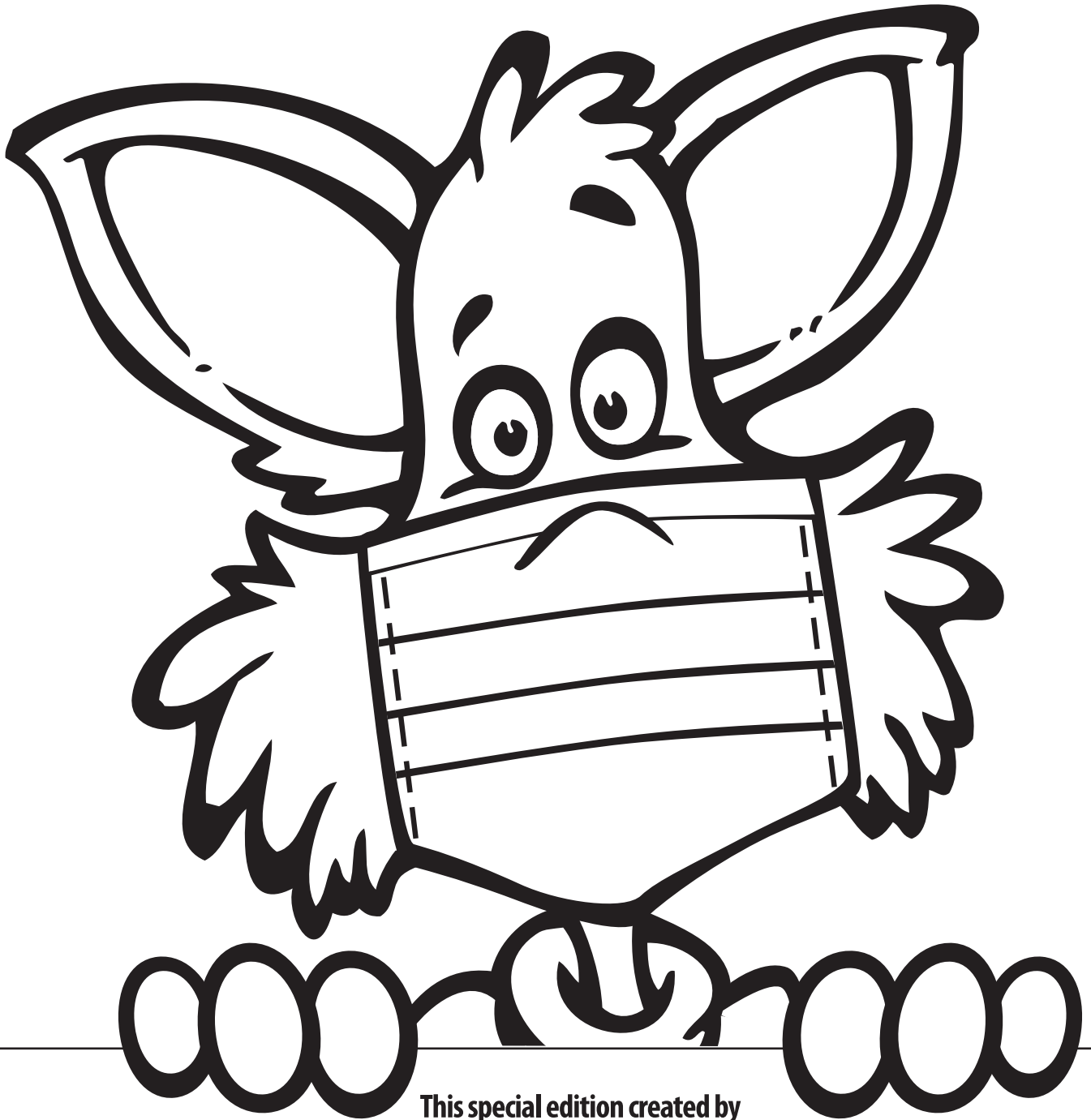
STUFF YOU'LL NEED:

- glue stick
- cereal box
- paper
- crayons or markers
- scissors



Color this poster and display it in a window.

**STOP THE SPREAD.
WEAR A MASK.**



This special edition created by

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